

Criterion C Applying and performing -----Badminton-----

Level of achievement C	Level descriptor	
LoA	IB guidelines	What it looks like for student and teacher
IE	Insufficient information given in order to receive a grade	You did not perform at all.
1-2 (Novice)	Recalls some skills and techniques Recalls some movement concepts Applies information to perform with limited success	You can almost control hitting the birdie over the net You show the ready position in set situations (drills) You know and show how to start the game.
3-4 (Competent)	Recalls movement concepts Recalls and applies some movement concepts Applies information to perform	You are able to play a forehand lift and a clear in set situations (drills) You show the ready position during a game situation You know and show how to start the game and how to continue this.
5-6 (Proficient)	Recalls and applies skills and techniques Recalls and applies movement concepts Applies information to perform effectively	You are able to play a forehand lift, clear and drop under pressure (in a game situation) You show the ready position and you are returning to central base position after playing the birdie. You know and show how to start and continue the game. You are able to keep track of the score. You are capable of officiating a game.
7-8 (Expert)	Recalls and applies a range of skills and techniques Recalls and applies a range of movement concepts Recalls and applies information to perform effectively	You are able to play many different strokes. You sometimes use your backhand effectively. You show the ready position and you are returning to central base position after playing the birdie. You are able to transfer your bodyweight to gain extra power. You know and show how to start and continue the game. You are able to keep track of the score. You are capable of officiating different games (own and others). While playing you are able to detect where to play the birdie to in order to score.

Level of Achievement:

Targets:

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Criterion C Applying and performing -----Circulation Ball-----

Level of achievement C	Level descriptor	
LoA	IB guidelines	What it looks like for student and teacher
IE	Insufficient information given in order to receive a grade	You did not perform at all.
1-2 (Novice)	Recalls some skills and techniques Recalls some movement concepts Applies information to perform with limited success	You are able to throw the ball over the net from the back-line You are able to catch and throw. You show the ready position; you find it challenging to get behind the ball You know and show how to start the game.
3-4 (Competent)	Recalls skills and techniques Recalls and applies some movement concepts Applies information to perform	You are able to throw the ball over the net using an underarm swing stepping out with opposite foot. You show the ready position during a game situation. You sometimes move behind the ball to catch it. You know and show how to start the game and how to continue this.
5-6 (Proficient)	Recalls and applies skills and techniques Recalls and applies movement concepts Applies information to perform effectively	You are able to serve the ball over the net under pressure (in a game situation) You show the ready position at all times. You often move behind the ball and you are able to catch it above your head. (You have a lot of time while you move fast) You know and show how to start and continue the game. You are able to keep track of the score. You are capable of officiating a game.
7-8 (Expert)	Recalls and applies a range of skills and techniques Recalls and applies a range of movement concepts Recalls and applies information to perform effectively	You are able to play the ball over the net at all times from all positions. You are able to direct the ball and target open areas the opponents' court. You show the ready position at all times. You show excellent agility while playing the ball You know and show how to start and continue the game. You are able to keep track of the score. You are capable of officiating different games (own and others). While playing you are able to make quick decisions based on the situation.

Level of Achievement:

Targets:

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Parent signature: